

## **POST-GAME DISCUSSION QUESTIONS**

**Directions: Complete each discussion question, using complete sentences. Use evidence to support your answers.**

**1.** What are the dangers of self-diagnosing by searching on the Internet?

**2.** Why was it important for Sofia to acknowledge her anxiety on her own?

**3.** Why does Marianne suspect Sofia's real problem is due to anxiety?

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**4.** Compare and contrast the way Marianne and Austen want to determine what is causing Sofia's symptoms. Whose approach do you think is better? Why?

**5.** Did you tell Sofia she has to see Austen for therapy, or did you tell her that the clinic will investigate physical factors that could be causing her illness if she keeps an open mind about going to therapy? Use evidence from the episode to support your answer.

**POST-GAME DISCUSSION QUESTIONS (continued)**

## Debate Question!

Answer the following question, using complete sentences. Be sure to state your opinion and support it with reasons.

In the medical handbook, under the term “anxiety,” we explain there are different types of therapy options if you want to seek treatment from a mental health provider. Types of therapy include one-on-one therapy and group therapy. Which type of therapy do you think is more beneficial? Why? Work with a partner and list the advantages and disadvantages of both. Then answer the question on the blank space below.

ONE-ON-ONE THERAPY	
Advantages:	Disadvantages:
GROUP THERAPY	
Advantages:	Disadvantages:

**POST-GAME DISCUSSION QUESTIONS (continued)**

