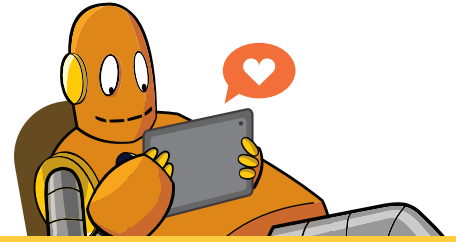
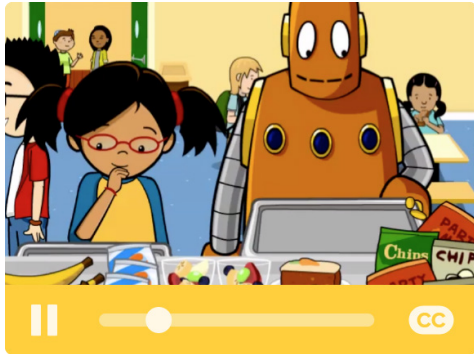


BrainPOP Jr. at Home



March is National Nutrition Month! Discover, play, and learn with your family.



WATCH A MOVIE

Eating Right

An apple a day keeps the doctor away! What other healthy eating choices can your family make? Watch the movie together to find out!

WATCH MORE BRAINPOP JR. MOVIES ABOUT NUTRITION:

- [Sugar](#)
- [Digestive System](#)

✧ SPARK A CONVERSATION

- *Why should you eat healthy foods?*
- *Why is junk food bad for your body?*
- *What are some healthy food choices you make?*



PLAY & DRAW

Oil Spot Test Experiment

How oily are different foods? Find out with this experiment!

Draw Healthy Snack Choices

What are your family's favorite snack choices? Draw a picture!

Make-a-Map: Eating Right

Create a spider map showing healthy food choices.

Questions about using BrainPOP Jr. at home? Contact us at families@brainpop.com.